



GET CHECKED

BISD 2022 HEALTH SCREENINGS

**AVAILABLE TO
ALL BISD EMPLOYEES
ON THE HEALTH
PLAN**

**REMEMBER TO FAST
(10 HRS PREFERRED)
AND DRINK PLENTY OF
WATER**

FREE SCREENINGS INCLUDE:

Total cholesterol, HDL cholesterol, LDL cholesterol, triglycerides, and glucose (blood sugar), basic tests for liver and kidney function, electrolytes and iron. The HbA1C (diabetes) Reflex test will be done on all glucose readings above 100. Includes blood pressure, height, weight, waist circumference, and BMI (Body Mass Index).

DATE: _____

TIME: _____

LOCATION: _____

FOR MORE INFORMATION CALL 1-833-628-8378