

BISD Wellness Fitness Center 1 Blvd of Champions Brownsville, Texas 78520 (956) 698-0194

| [◄ Jan 2023](https://www.wincalendar.com/Holiday-Calendar/January-2023%22%20%5Co%20%22January%202023) | **February 2023** | [Mar 2023 ►](https://www.wincalendar.com/Holiday-Calendar/March-2023) |
| --- | --- | --- |
| **Sun** | **Mon** | **Tue** | **Wed** | **Thu** | **Fri** | **Sat** |
|  |  |  | 1 **10:00am -1:30pm Parents****10:00am-7:00pm Employees** | 2 **10:00am -1:30pm Parents****10:00am-7:00pm Employees** | 3 **7:00am -12:00pm Parents & Employees** | 4  |
| 5  | 6 **10:00am -1:30pm Parents****10:00am-7:00pm Employees** | 7 **10:00am -1:30pm Parents****10:00am-7:00pm Employees** | 8 **10:00am -1:30pm Parents****10:00am-7:00pm Employees** | 9 **10:00am -1:30pm Parents****10:00am-7:00pm Employees** | 10 **7:00am -12:00pm Parents & Employees** | 11  |
| 12  | 13 **10:00am -1:30pm Parents****10:00am-7:00pm Employees** | 14 **10:00am -1:30pm Parents****10:00am-7:00pm Employees** | 15 **10:00am -1:30pm Parents****10:00am-7:00pm Employees** | 16 **10:00am -1:30pm Parents****10:00am-7:00pm Employees** | 17 **7:00am -12:00pm Parents & Employees** | 18  |
| 19  | 20 **7:00am-4:00pm** **Parents/Employees****Fiesta Folklorica** | 21 **10:00am -1:30pm Parents****10:00am-7:00pm Employees** | 22 **10:00am -1:30pm Parents****10:00am-7:00pm Employees** | 23 **8:00am-12:00pm****Parents/Employees****Half Day - Charro Days Holiday** | 24 **Gym Closed****Charro Days Holiday** | 25  |
| 26  | 27 **10:00am -1:30pm Parents****10:00am-7:00pm Employees** | 28 **10:00am -1:30pm Parents****10:00am-7:00pm Employees** |  |

**Employees are welcome to come at any time during regular gym hours.**

**Exercise Classes**

 **Zumba 12:00noon Monday and Wednesday**

 **Yoga 6:00pm Tuesday and Thursday**

**Schedule is subject to change.**

**\*Gym closes from 2:00pm – 3:00pm M-TH for lunch**



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