| [◄ Nov 2022](https://www.wincalendar.com/Holiday-Calendar/November-2022" \o "November 2022) | **December 2022** | | | | | [Jan 2023 ►](https://www.wincalendar.com/Holiday-Calendar/January-2023) |
| --- | --- | --- | --- | --- | --- | --- |
| **Sun** | **Mon** | **Tue** | **Wed** | **Thu** | **Fri** | **Sat** |
|  |  |  |  | 1  **10:00am -1:30pm Parents**  **10:00am-7:00pm Employees** | 2  **7:00am -12:00pm Parents & Employees** | 3 |
| 4 | 5  **10:00am -1:30pm Parents**  **10:00am-7:00pm Employees** | 6  **10:00am -1:30pm Parents**  **10:00am-7:00pm Employees** | 7  **10:00am -1:30pm Parents**  **10:00am-7:00pm Employees** | 8  **10:00am -1:30pm Parents**  **10:00am-7:00pm Employees** | 9  **7:00am -12:00pm Parents & Employees** | 10 |
| 11 | 12  **10:00am -1:30pm Parents**  **10:00am-7:00pm Employees** | 13  **10:00am -1:30pm Parents**  **10:00am-7:00pm Employees** | 14  **10:00am -1:30pm Parents**  **10:00am-7:00pm Employees** | 15  **10:00am -1:30pm Parents**  **10:00am-7:00pm Employees** | 16  **7:00am -12:00pm Parents & Employees** | 17 |
| 18 | 19  **10:00am -1:30pm Parents**  **10:00am-7:00pm Employees** | 20  **10:00am -1:30pm Parents**  **10:00am-7:00pm Employees** | 21  **10:00am -1:30pm Parents**  **10:00am-7:00pm Employees** | 22  **10:00am -1:30pm Parents**  **10:00am-7:00pm Employees** | 23  **7:00am -12:00pm Parents & Employees** | 24 |
| 25 | 26  **Gym Closed**  **Christmas Holiday** | 27  **Gym Closed**  **Christmas Holiday** | 28  **Gym Closed**  **Christmas Holiday** | 29  **Gym Closed**  **Christmas Holiday** | 30  **Gym Closed**  **Christmas Holiday** | 31 |

**Employees are welcome to come at any time during regular gym hours.**

BISD Wellness Fitness Center 1 Blvd of Champions Brownsville, Texas 78520 (956) 698-0194

**Exercise Classes**

**Zumba 12:00noon Monday and Wednesday**

**Yoga 6:00pm Tuesday and Thursday**

**Schedule is subject to change.**

**\*Gym closes from 2:00pm – 3:00pm M-TH for lunch**



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