| [◄ Nov 2022](https://www.wincalendar.com/Holiday-Calendar/November-2022%22%20%5Co%20%22November%202022) | **December 2022** | [Jan 2023 ►](https://www.wincalendar.com/Holiday-Calendar/January-2023) |
| --- | --- | --- |
| **Sun** | **Mon** | **Tue** | **Wed** | **Thu** | **Fri** | **Sat** |
|  |  |  |  | 1 **10:00am -1:30pm Parents****10:00am-7:00pm Employees** | 2 **7:00am -12:00pm Parents & Employees** | 3  |
| 4  | 5 **10:00am -1:30pm Parents****10:00am-7:00pm Employees** | 6 **10:00am -1:30pm Parents****10:00am-7:00pm Employees** | 7 **10:00am -1:30pm Parents****10:00am-7:00pm Employees** | 8 **10:00am -1:30pm Parents****10:00am-7:00pm Employees** | 9 **7:00am -12:00pm Parents & Employees** | 10  |
| 11  | 12 **10:00am -1:30pm Parents****10:00am-7:00pm Employees** | 13 **10:00am -1:30pm Parents****10:00am-7:00pm Employees** | 14 **10:00am -1:30pm Parents****10:00am-7:00pm Employees** | 15 **10:00am -1:30pm Parents****10:00am-7:00pm Employees** | 16 **7:00am -12:00pm Parents & Employees** | 17  |
| 18  | 19 **10:00am -1:30pm Parents****10:00am-7:00pm Employees** | 20 **10:00am -1:30pm Parents****10:00am-7:00pm Employees** | 21 **10:00am -1:30pm Parents****10:00am-7:00pm Employees** | 22 **10:00am -1:30pm Parents****10:00am-7:00pm Employees** | 23 **7:00am -12:00pm Parents & Employees** | 24  |
| 25  | 26 **Gym Closed****Christmas Holiday** | 27 **Gym Closed****Christmas Holiday** | 28 **Gym Closed****Christmas Holiday** | 29 **Gym Closed****Christmas Holiday** | 30 **Gym Closed****Christmas Holiday** | 31  |

**Employees are welcome to come at any time during regular gym hours.**

BISD Wellness Fitness Center 1 Blvd of Champions Brownsville, Texas 78520 (956) 698-0194

**Exercise Classes**

 **Zumba 12:00noon Monday and Wednesday**

 **Yoga 6:00pm Tuesday and Thursday**

**Schedule is subject to change.**

**\*Gym closes from 2:00pm – 3:00pm M-TH for lunch**



**Search: BISD Wellness Fitness Center**