| [◄ Oct 2022](https://www.wincalendar.com/Holiday-Calendar/October-2022%22%20%5Co%20%22October%202022) | **November 2022** | [Dec 2022 ►](https://www.wincalendar.com/Holiday-Calendar/December-2022) |
| --- | --- | --- |
| **Sun** | **Mon** | **Tue** | **Wed** | **Thu** | **Fri** | **Sat** |
|  |  | 1 **10:00am -1:30pm Parents****10:00am-7:00pm Employees** | 2 **10:00am -1:30pm Parents****10:00am-7:00pm Employees** | 3 **7:00am – 1:30pm Parents****7:00am-4:00pm Employees** | 4 **7:00am -12:00pm Parents & Employees** | 5  |
| 6  | 7 **10:00am -1:30pm Parents****10:00am-7:00pm Employees** | 8 **10:00am -1:30pm Parents****10:00am-7:00pm Employees** | 9 **10:00am -1:30pm Parents****10:00am-7:00pm Employees** | 10 **7:00am – 1:30pm Parents****7:00am-4:00pm Employees** | 11 **7:00am -12:00pm Parents & Employees** | 12  |
| 13  | 14 **10:00am -1:30pm Parents****10:00am-7:00pm Employees** | 15 **10:00am -1:30pm Parents****10:00am-7:00pm Employees** | 16 **10:00am -1:30pm Parents****10:00am-7:00pm Employees** | 17 **7:00am – 1:30pm Parents****7:00am-4:00pm Employees** | 18 **7:00am -12:00pm Parents & Employees** | 19  |
| 20  | 21 **Gym Closed****Thanksgiving Holiday** | 22 **Gym Closed****Thanksgiving Holiday** | 23 **Gym Closed****Thanksgiving Holiday** | 24 **Gym Closed****Thanksgiving Holiday** | 25 **Gym Closed****Thanksgiving Holiday** | 26  |
| 27  | 28 **10:00am -1:30pm Parents****10:00am-7:00pm Employees** | 29 **10:00am -1:30pm Parents****10:00am-7:00pm Employees** | 30 **10:00am -1:30pm Parents****10:00am-7:00pm Employees** |  |

**Employees are welcome to come at any time during regular gym hours.**

BISD Wellness Fitness Center 1 Blvd of Champions Brownsville, Texas 78520 (956) 698-0194

**Schedule is subject to change.**

**Exercise Classes**

**Zumba 12:00noon Monday and Wednesday**

**Yoga 6:00pm Tuesday and Thursday**

**\*Gym closes from 2:00pm – 3:00pm M-TH for lunch**



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