

Tasty Nutrition

All students are welcome to participate in the district's school breakfast and lunch programs, free of charge, through the Special Assistance Provision 2 Program.

BISD Food and Nutrition Services staff carefully analyze menus to ensure that 1/4 of the Recommended Dietary Allowances (RDAs) are met for breakfast and 1/3 for lunch.

Students can expect a menu that is balanced, healthy and offers a variety of foods for differing tastes. An assortment of salads as well as fresh fruit and whole grains are a few of the options for health conscious students.

For more information, log on to the Food and Nutrition Services website at www.bisd.us/fs.