



Food & Nutrition Service

All students are welcome to participate in the district's school breakfast and lunch programs at no cost through the Special Assistance Provision 2 Program.

The BISD Food and Nutrition Service Department utilizes a Nutrient Standard Menu Planning System. School menus must meet 1/4 of the Recommended Dietary Allowances for breakfast and 1/3 for lunch. Total fat content shall not exceed 30% and saturated fat shall be less than 10% of the total calories.

This nutrient based system means greater variety for BISD students and all menu items are integrated with other foods and prepared in ways to maintain the nutritional integrity of the menu. This will ensure that the Food and Nutrition Service Department offers a menu that is balanced, healthy, and liked by students.

Log on to the Food and Nutrition Department website at www.bisd.us/fs for more information.