



H1N1 Update



The Brownsville Independent School District continues to work closely with national, state and local health agencies in regards to the threat of H1N1.

Take these everyday steps to protect your health:

- Cover your mouth and nose with a tissue when you cough or sneeze.
- Wash your hands often with soap and water or use an alcohol-based hand gel.
- Avoid touching your eyes, nose or mouth.
- Avoid contact with ill persons.

Resources

Texas Department of State Health Services

<http://www.dshs.state.tx.us/>

Texas Department of State Health Services - Flu Homepage:

<http://www.dshs.state.tx.us/txflu/default.shtm>

Texas Education Agency

<http://www.tea.state.tx.us/>

Centers for Disease Control

<http://www.cdc.gov>

<http://www.Flu.gov>