

# **Fourth Grade Physical Education Activities**

**Inclement Weather Physical Education Activity  
Resource Guide Correlated to Writing TEKS  
Grade Level-4<sup>th</sup> Grade**

<b>Physical Education Activity</b>	<b>Writing TEKS</b>	
<p><b><u>UNFINISHED SENTENCES</u></b></p> <p><b>RESOURCE</b></p> <p>Elementary Teacher’s Handbook of Indoor and Outdoor Games, pg. 13</p> <p><b>DESCRIPTION</b></p> <p>In this game the students complete unfinished sentences. Remember to leave some time at the end of this activity to discuss the various answers and remarks from your students.</p>	<p><b>Knowledge &amp; Skill</b></p> <p>(4.15) <b>Writing/purposes.</b> The student writes for a variety of audiences and purposes, and in a variety of forms.</p> <p>(4.17) <b>Writing /spelling.</b> The student spells proficiently.</p> <p>(4.18) <b>Writing/grammar/usage.</b> The student applies standard grammar and usage to communicate clearly and effectively in writing.</p> <p>(4.20) <b>Writing /evaluation.</b> The student evaluates his/her own writing and the writing of others.</p>	<p><b>Student Expectations</b></p> <p>(A) write to express, discover, record, develop, reflect on ideas, and to problem solve (4-8);</p> <p>(C) write to inform such as to explain, describe, report, and narrate (4-8);</p> <p>(C) use resources to find correct spellings, (4-8); and</p> <p>(B) write in complete sentences, varying the types such as compound and complex to match meanings and purposes (4-5);</p> <p>(C) evaluate how well his/her own writing achieves its purposes (4-8);</p>

**Inclement Weather Physical Education Activity  
Resource Guide Correlated to Writing TEKS  
Grade Level-4<sup>th</sup> Grade**

<b>Physical Education Activity</b>	<b>Writing TEKS</b>	
<p><b><u>NEW YEAR'S NAME RESOLUTION</u></b></p> <p><b>RESOURCE</b></p> <p>Elementary Teacher's Handbook of Indoor and Outdoor Games, pg. 40</p> <p><b>DESCRIPTION</b></p> <p>In this game, the students will use effective writing skills to complete sentences that will express a complete idea.</p> <p>For example: using the letters of your first name to generate complete sentences.</p>	<p style="text-align: center;"><b>Knowledge &amp; Skill</b></p> <p>(4.15) <b>Writing /purposes.</b> The student writes for a variety of audiences and purposes, and in a variety of forms.</p> <p>(4.17) <b>Writing /spelling.</b> The student spells proficiently.</p> <p>(4.18) <b>Writing/grammar/usage.</b> The student applies standard grammar and usage to communicate clearly and effectively in writing.</p> <p>(4.19) <b>Writing /writing processes.</b> The student selects and uses writing processes for self-initiated processes for self-initiated and assigned writing.</p>	<p style="text-align: center;"><b>Student Expectations</b></p> <p>(A) write to express, discover, record, develop, reflect on ideas, and to problem solve (4-8);</p> <p>(C) write to inform such as to explain, describe, report, and narrate (4-8);</p> <p>(C) use resources to find correct spellings, (4-8);and</p> <p>(D) spell accurately in final drafts (4-8).</p> <p>(B) write in complete sentences, varying the types such as compound and complex to match meanings and purposes (4-5);</p> <p>(H) proofread his/her own writing and that of others (4-8); and</p>

**Inclement Weather Physical Education Activity  
Resource Guide Correlated to Writing TEKS  
Grade Level-4<sup>th</sup> Grade**

<b>Physical Education Activity</b>	<b>Writing TEKS</b>	
<p><b><u>BULL’S-EYE SPELLING</u></b></p> <p><b>RESOURCE</b></p> <p>Indoor Action Games for Elementary Children, pg. 136</p> <p><b>DESCRIPTION</b></p> <p>In this game, the students will work on spelling skills. In order to increase the level of difficulty, a variation of words can be used. Play the game using math by writing the numbers 0 through 9 on the board and have the teams solve a problem, then hit the correct numbers for the answer.</p>	<p><b>Knowledge &amp; Skill</b></p> <p>(4.15) <b>Writing /purposes.</b> The student writes for a variety of audiences and purposes, and in a variety of forms.</p>	<p><b>Student Expectations</b></p> <p>(A) write to express, discover, record, develop, reflect on ideas, and to problem solve (4-8);</p> <p>(D) spell accurately in final drafts (4-8).</p>

**Inclement Weather Physical Education Activity  
Resource Guide Correlated to Writing TEKS  
Grade Level-4<sup>th</sup> Grade**

<b>Physical Education Activity</b>	<b>Writing TEKS</b>	
<p><b><u>ALPHABET HUNTER (3 UP)</u></b></p> <p><b>RESOURCE</b></p> <p>Elementary Teacher’s Handbook of Indoor and Outdoor Games, pg. 43</p> <p><b>DESCRIPTION</b></p> <p>Students will use letters of the alphabet to make up words. These words are then used to form complete sentences.</p>	<p><b>Knowledge &amp; Skill</b></p> <p>(4.15) <b>Writing /purposes.</b> The student writes for a variety of audiences and purposes, and in a variety of forms.</p> <p>(4.17) <b>Writing /spelling.</b> The student spells proficiently.</p>	<p><b>Student Expectations</b></p> <p>(A) write to express, discover, record, develop, reflect on ideas, and to problem solve (4-8);</p> <p>(C) use resources to find correct spellings, (4-8); and</p> <p>(D) spell accurately in final drafts (4-8).</p>

**Inclement Weather Physical Education Activity  
Resource Guide Correlated to Writing TEKS  
Grade Level-4<sup>th</sup> Grade**

<b>Physical Education Activity</b>	<b>Writing TEKS</b>	
<p><b><u>THE “ME” PACKAGE</u></b></p> <p><b>RESOURCE</b></p> <p>Indoor Action Games for Elementary Children, pg. 11</p> <p><b>DESCRIPTION</b></p> <p>This is a creative writing activity. Promotes social interaction and self-disclosure.</p>	<p style="text-align: center;"><b>Knowledge &amp; Skill</b></p> <p>(4.15) <b>Writing /purposes.</b> The student writes for a variety of audiences and purposes, and in a variety of forms.</p> <p>(4.17) <b>Writing /spelling.</b> The student spells proficiently.</p> <p>(4.19) <b>Writing /writing processes.</b> The student selects and uses writing processes for self-initiated and assigned writing.</p>	<p style="text-align: center;"><b>Student Expectations</b></p> <p>(A) write to express, discover, record, develop, reflect on ideas, and to problem solve (4-8);</p> <p>(C) write to inform such as to explain, describe, report, and narrate.(1-3);</p> <p>(D) spell accurately in final drafts (4-8).</p> <p>(E) edit drafts for specific purposes such as to ensure standard usage, varied sentence structure, and appropriate word choice (4-8);</p>

**Inclement Weather Physical Education Activity  
Resource Guide Correlated to Writing TEKS  
Grade Level-4<sup>th</sup> Grade**

<b>Physical Education Activity</b>	<b>Writing TEKS</b>	
<p><b><u>THE GREAT ALPHABETIZING RACE</u></b></p> <p><b>RESOURCE</b></p> <p>TAHPERD Dallas Convention Manual, 1993, pg. 166</p> <p><b>DESCRIPTION</b></p> <p>Student practice spelling out words such as states, verbs, or their vocabulary unit words.</p>	<p><b>Knowledge &amp; Skill</b></p> <p>(4.15) <b>Writing /purposes.</b> The student writes for a variety of audiences and purposes, and in a variety of forms.</p> <p>(4.17) <b>Writing /spelling.</b> The student spells proficiently.</p>	<p><b>Student Expectations</b></p> <p>(A) write to express, discover, record, develop, reflect on ideas, and to problem solve (4-8);</p> <p>(B) write with accurate spelling of roots such as <i>drink, speak, read, or happy</i>, inflections such as those that change tense or number, suffixes such as <i>-able</i> or <i>-less</i>, and prefixes such as <i>re-</i> or <i>un-</i> (4-6);</p> <p>(C) use resources to find correct spellings, (4-8);and</p>

**Inclement Weather Physical Education Activity  
Resource Guide Correlated to Writing TEKS  
Grade Level-4<sup>th</sup> Grade**

<b>Physical Education Activity</b>	<b>Writing TEKS</b>	
<p><b><u>VOCABULARY TWIST</u></b></p> <p><b>RESOURCE</b></p> <p>Indoor Action Games for Elementary Children, pg. 160</p> <p><b>DESCRIPTION</b></p> <p>The student will use the fundamentals of spelling. To enhance the study of reading vocabulary words and spelling.</p>	<p><b>Knowledge &amp; Skill</b></p> <p>(4.17) <b>Writing /spelling.</b> The student spells proficiently.</p>	<p><b>Student Expectations</b></p> <p>(D) spell accurately in final drafts (4-8).</p>

**Inclement Weather Physical Education Activity  
Resource Guide Correlated to Writing TEKS  
Grade Level-4<sup>th</sup> Grade**

<b>Physical Education Activity</b>	<b>Writing TEKS</b>	
<p><b><u>SLAM DUNK SPELLING</u></b></p> <p><b>RESOURCE</b></p> <p>Indoor Action Games for Elementary Children, pg. 157</p> <p><b>DESCRIPTION</b></p> <p>To review and reinforce spelling words</p>	<p style="text-align: center;"><b>Knowledge &amp; Skill</b></p> <p>(4.15) <b>Writing/purposes.</b> The student writes for a variety of audiences and purposes and in variety of forms.</p> <p>(4.16) <b>Writing/penmanship/capitalization/punctuation.</b> The student composes original texts, applying the conventions of written language such as capitalization, punctuation, and penmanship to communicate clearly.</p> <p>(4.17) <b>Writing /spelling.</b> The student spells proficiently.</p>	<p style="text-align: center;"><b>Student Expectations</b></p> <p>(A) write to express, discover, record, develop, reflect on ideas, and to problem solve (4-8);</p> <p>(B) capitalize and punctuate correctly to clarify and enhance meaning such as capitalizing titles, using possessives, commas in a series, commas in direct address, and sentence punctuation (4-5).</p> <p>(A) write with accurate spelling of syllable construction , including <i>closed</i>, <i>open</i>, consonant before <i>-le</i>, and syllable boundary patterns (3-6);</p> <p>(D) spell accurately in final drafts (4-8).</p>

**Inclement Weather Physical Education Activity  
Resource Guide Correlated to Writing TEKS  
Grade Level-4<sup>th</sup> Grade**

<b>Physical Education Activity</b>	<b>Writing TEKS</b>	
<p><b><u>SPELLING WITH A TWIST</u></b></p> <p><b>RESOURCE</b> Indoor Action Games for Elementary Children, pg. 154</p> <p><b>DESCRIPTION</b> This game will have students recognize appropriate spelling.</p> <p>Variation: (1) Change the requirements for vowels.</p>	<p><b>Knowledge &amp; Skill</b></p> <p>(4.17) <b>Writing /spelling.</b> The student spells proficiently.</p>	<p><b>Student Expectations</b></p> <p>(A) write with accurate spelling of syllable construction , including <i>closed</i>, <i>open</i>, consonant before <i>-le</i>, and syllable boundary patterns (3-6);</p> <p>(C) use resources to find correct spellings, (4-8);and</p> <p>(D) spell accurately in final drafts (4-8).</p>

**Inclement Weather Physical Education Activity  
Resource Guide Correlated to Writing TEKS  
Grade Level-4<sup>th</sup> Grade**

<b>Physical Education Activity</b>	<b>Writing TEKS</b>	
<p><b><u>TENNIS ACROSS CURRICULAR AREAS</u></b></p> <p><b>RESOURCE</b></p> <p>United States Tennis Association School Program Curriculum, pp. 89-99</p> <p><b>DESCRIPTION</b></p> <p>Teacher selects any of the numerous topics discussion which will help students with their writing skills and communications.</p>	<p><b>Knowledge &amp; Skill</b></p> <p>(4.15) <b>Writing/purposes.</b> The student writes for a variety of audiences and purposes and in variety of forms.</p> <p>(4.17) <b>Writing /spelling.</b> The student spells proficiently.</p>	<p><b>Student Expectations</b></p> <p>(A) write to express, discover, record, develop, reflect on ideas, and to problem solve (4-8);</p> <p>(C) write to inform such as to explain, describe, report, and narrate (4-8);</p> <p>(D) spell accurately in final drafts (4-8).</p>

**Inclement Weather Physical Education Activity  
Resource Guide Correlated to Writing TEKS  
Grade Level-4<sup>th</sup> Grade**

<b>Physical Education Activity</b>	<b>Writing TEKS</b>	
<p><b><u>PECULIAR PUNCTUATION</u></b></p> <p><b>RESOURCE</b></p> <p>Indoor Action Games for Elementary Children, pg. 163</p> <p><b>DESCRIPTION</b></p> <p>In this game student use the fundamentals of punctuation.</p>	<p><b>Knowledge &amp; Skill</b></p> <p>(4.15) <b>Writing/purposes.</b> The student writes for a variety of audiences and purposes and in variety of forms.</p>	<p><b>Student Expectations</b></p> <p>(A) write to express, discover, record, develop, reflect on ideas, and to problem solve (4-8);</p> <p>(C) write to inform such as to explain, describe, report, and narrate (4-8);</p>

**Inclement Weather Physical Education Activity  
Resource Guide Correlated to Writing TEKS  
Grade Level-4<sup>th</sup> Grade**

<b>Physical Education Activity</b>	<b>Writing TEKS</b>	
<p><b><u>FOOTBALL SPELLING CARDS</u></b></p> <p><b>RESOURCE</b></p> <p>P. E. Teacher’s Skill by Skill Activities Program (Lesson Extensions)</p> <p><b>DESCRIPTION</b></p> <p>Student practice their spelling while learning sport terminology.</p>	<p style="text-align: center;"><b>Knowledge &amp; Skill</b></p> <p>(4.15) <b>Writing /purposes.</b> The student writes for a variety of audiences and purposes, and in a variety of forms.</p> <p>(4.17) <b>Writing /spelling.</b> The student spells proficiently.</p>	<p style="text-align: center;"><b>Student Expectations</b></p> <p>(A) write to express, discover, record, develop, reflect on ideas, and to problem solve (4-8);</p> <p>(C) use resources to find correct spellings, (4-8);and</p> <p>(D) spell accurately in final drafts (4-8).</p>

**Inclement Weather Physical Education Activity  
Resource Guide Correlated to Writing TEKS  
Grade Level-4<sup>th</sup> Grade**

<b>Physical Education Activity</b>	<b>Writing TEKS</b>	
<p><b><u>VOLLEYBALL PREPOSITIONS</u></b></p> <p><b>RESOURCE</b></p> <p>P. E. Teacher’s Skill by Skill Activities Program.</p> <p><b>DESCRIPTION</b></p> <p>The students will choose appropriate prepositions to complete a written passage. They then will write a similar passage.</p>	<p><b>Knowledge &amp; Skill</b></p> <p>(4.15) <b>Writing /purposes.</b> The student writes for a variety of audiences and purposes, and in a variety of forms.</p> <p>(4.16) <b>Writing /spelling.</b> The student spells proficiently.</p> <p>(4.18) <b>Writing/grammar/usage.</b> The student applies standard grammar and usage to communicate clearly and effectively in writing.</p> <p>(4.19) <b>Writing /writing processes.</b> The student selects and uses writing processes for self-initiated and assigned writing.</p>	<p><b>Student Expectations</b></p> <p>(A) write to express, discover, record, develop, reflect on ideas, and to problem solve (4-8);</p> <p>(B) write to inform such as to explain, describe, report, and narrate.(1-3);</p> <p>(F) choose the appropriate form for his/her own purpose for writing, including journals, letters, reviews, poems, narratives, and instructions (4-5);</p> <p>C) use resources to find correct spellings, (4-8); and</p> <p>(D) spell accurately in final drafts (4-8).</p> <p>(B) write in complete sentences, varying the types such as compound and complex to match meanings and purposes (4-5);</p> <p>(E) edit drafts for specific purposes such as to ensure standard usage, varied sentence structure , and appropriate word choice (4-8);</p>

**Inclement Weather Physical Education Activity  
Resource Guide Correlated to Writing TEKS  
Grade Level-4<sup>th</sup> Grade**

<b>Physical Education Activity</b>	<b>Writing TEKS</b>	
<p><b><u>ENCODING ACTIVITY</u></b></p> <p><b>RESOURCE</b></p> <p>Awesome Elementary School Physical Education Activities, pg. 80</p> <p><b>DESCRIPTION</b></p> <p>In this activity is like scramble, students spell as many words with the given letters.</p>	<p><b>Knowledge &amp; Skill</b></p> <p>(4.15) <b>Writing /purposes.</b> The student writes for a variety of audiences and purposes, and in a variety forms.</p> <p>(4.17) <b>Writing /spelling.</b> The student spells proficiently.</p>	<p><b>Student Expectations</b></p> <p>(A) write to express, discover, record, develop, reflect on ideas, and to problem solve (4-8);</p> <p>(B) write with accurate spelling of roots such as <i>drink, speak, read, or happy</i>, inflections such as those that change tense or number, suffixes such as <i>-able</i> or <i>-less</i>, and prefixes such as <i>re-</i> or <i>un-</i> (4-6);</p> <p>(D) spell accurately in final drafts (4-8).</p>

**Inclement Weather Physical Education Activity  
Resource Guide Correlated to Writing TEKS  
Grade Level-4<sup>th</sup> Grade**

<b>Physical Education Activity</b>	<b>Writing TEKS</b>	
<p><b><u>CREATIVE WRITING</u></b> Mixed Sports</p> <p><b>RESOURCE</b></p> <p>P.E. Teacher's Skill by Skill Activities Program (Lesson Extension)</p> <p><b>DESCRIPTION</b></p> <p>Students use creative writing to form complete sentences.</p>	<p><b>Knowledge &amp; Skill</b></p> <p>(4.15) <b>Writing /purposes.</b> The student writes for a variety of audiences and purposes, and in a variety of forms.</p> <p>(4.17) <b>Writing /spelling.</b> The student spells proficiently.</p> <p>(4.18) <b>Writing/grammar/usage.</b> The student applies standard meaningful texts applying knowledge of grammar and usage.</p>	<p><b>Student Expectations</b></p> <p>(A) write to express, discover, record, develop, reflect on ideas, and to problem solve (4-8);</p> <p>(C) write to inform such as to explain, describe, report, and narrate.(1-3);</p> <p>(A) write with accurate spelling of syllable constructions, including closed, open, consonant before -le, and syllable boundary patterns (3-6);</p> <p>(D) spell accurately in final drafts (4-8).</p> <p>(B) write in complete sentences, varying the types such as compound and complex to match meanings and purposes (4-5);</p>

**Inclement Weather Physical Education Activity  
Resource Guide Correlated to Writing TEKS  
Grade Level-4<sup>th</sup> Grade**

<b>Physical Education Activity</b>	<b>Writing TEKS</b>	
<p><b><u>LANGUAGE, ART, HEALTH</u></b></p> <p><b>RESOURCE</b></p> <p>P. E. Teacher’s Skill by Skill Activities Program.</p> <p><b>DESCRIPTION</b></p> <p>Students will use creative writing to express thoughts on the importance of life time fitness.</p>	<p style="text-align: center;"><b>Knowledge &amp; Skill</b></p> <p>(4.15) <b>Writing /purposes.</b> The student writes for a variety of audiences and purposes, and in a variety of forms.</p> <p>(4.17) <b>Writing /spelling.</b> The student spells proficiently.</p> <p>(4.18) <b>Writing/grammar/usage.</b> The student applies standard grammar and usage to communicate clearly and effectively in writing.</p>	<p style="text-align: center;"><b>Student Expectations</b></p> <p>A) write to express, discover, record, develop, reflect on ideas, and to problem solve (4-8);</p> <p>(C) use resources to find correct spellings, (4-8);and</p> <p>(D) spell accurately in final drafts (4-8).</p> <p>(B) write in complete sentences, varying the types such as compound and complex to match meanings and purposes (4-5);</p>

**Inclement Weather Physical Education Activity  
Resource Guide Correlated to Writing TEKS  
Grade Level-4<sup>th</sup> Grade**

<b>Physical Education Activity</b>	<b>Writing TEKS</b>	
<p><b><u>SOCCER LANGUAGE ARTS</u></b></p> <p><b>RESOURCE</b></p> <p>P. E. Teacher’s Skill by Skill Activities Program.</p> <p><b>DESCRIPTION</b></p> <p>The students will identify the subject and verb. In the following sentences about soccer, underline the subject with one line and the verb or verb phrase with two.</p>	<p><b>Knowledge &amp; Skill</b></p> <p>(4.15) <b>Writing /purposes.</b> The student writes for a variety of audiences and purposes, and in a variety of forms.</p> <p>(4.17) <b>Writing /spelling.</b> The student spells proficiently.</p> <p>(4.18) <b>Writing/grammar/usage.</b> The student applies standard grammar and usage to communicate clearly and effectively in writing.</p>	<p><b>Student Expectations</b></p> <p>(A) write to express, discover, record, develop, reflect on ideas, and to problem solve (4-8);</p> <p>(C) use resources to find correct spellings, (4-8);and</p> <p>(D) spell accurately in final drafts (4-8).</p> <p>(B) write in complete sentences, varying the types such as compound and complex to match meanings and purposes (4-5);</p>