

Health Education Interdisciplinary Curriculum Framework Kinder

UNIT	TEKS	INSTRUCTIONAL OBJECTIVE	1st Six Weeks	2nd Six Weeks	3rd Six Weeks	4th Six Weeks	5th Six Weeks	6th Six Weeks	
8	K.2 D K.2 H K.2 B K.2 B K.2 A K.2 F K.9 A K.2 D K.2 A K.2 A K.2 E K.2 G	The student is expected to: <ul style="list-style-type: none"> • define safety-Teacher • demonstrate ways to remain safe by thinking ahead-Teacher • demonstrate how to carry some objects that require special handling-Teacher • recognize safe places to play at home -Teacher • identify some poisonous substances -Teacher • explain how to cross a street safely -Teacher • identify safety behaviors when riding in a car-Physical Ed. • explain what a stranger is-Counselor • discuss fire prevention-Teacher • identify some materials that burn-Teacher • demonstrate ways to escape from a fire in school-Teacher • list some safety rules for bicycle riding -Physical Ed. • identify some safety equipment for bicycles -Physical Ed. • tell why having a safe bicycle is important -Physical Ed. • define emergency-Teacher • list some emergency procedures-Teacher • demonstrate knowledge of first aid for minor cuts-Teacher 							
3	K.1 B K.1 B	<ul style="list-style-type: none"> • name the four basic food groups and identify foods found in each-Teacher • identify “other” foods-Teacher 							

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3	K.1 B	The student is expected to: • explain what makes a meal balanced- Teacher • explain why eating balanced meals is important for good health- Teacher						
	K.1 B							
	K.1 B	• identify foods that constitute a balanced breakfast, a balanced lunch, and a balanced dinner- Teacher						
	K.3 B	• explain why eating a healthful breakfast, lunch, and dinner is important for good health- Teacher						
	K.3 B	• explain what constitutes a healthful breakfast, lunch, and dinner- Teacher						
7	K.3 B	• explain what constitutes a healthful snack- Teacher						
	K.2 C	• explain what a drug is- Counselor						
	K.2 C							
	K.2 C	• identify some products that contain drugs- Counselor						
	K.2 C	• recognize that drugs can be helpful or harmful- Counselor						
	K.3 A	• recognize why children should never take medicines without adult supervision- Nurse						
	K.2 C	• explain some ways that medicines can be harmful- Nurse						
	K.2 C	• identify some ways drugs can affect the body- Counselor						
	K.2 C	• recognize that some drugs have harmful effects- Counselor						
	K.2 C	• discuss how alcohol can be harmful to a person's health- Counselor						
K.2 C	• explain how smoking tobacco can be harmful to a person's health- Counselor							
4	K.2 C	• explain how smokeless tobacco can be harmful to a person's health- Counselor						
	K.1 C	• explain how exercise makes the body work hard- Physical Ed.						

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4	K.1C K.4B	<p>The student is expected to:</p> <ul style="list-style-type: none"> • identify different ways to exercise -Physical Ed. • identify parts of the body that help the body move-Physical Ed 						
	K.1 C	<ul style="list-style-type: none"> • identify three ways of exercising -Physical Ed 						
	K.1 C	<ul style="list-style-type: none"> • identify and demonstrate different types of exercise-Physical Ed 						
	K.4 C	<ul style="list-style-type: none"> • identify examples of good posture -Physical Ed 						
	K.4 C	<ul style="list-style-type: none"> • explain ways to attain good posture -Physical Ed 						
2	K.1 A	<ul style="list-style-type: none"> • identify personal health habits for keeping clean -Nurse 						
	K.1 A	<ul style="list-style-type: none"> • explain why it is important for good health to stay as clean as possible-Nurse 						
	K.4 B	<ul style="list-style-type: none"> • identify some kinds of teeth and their functions-Nurse 						
	K.1 A	<ul style="list-style-type: none"> • name some things that keep teeth healthy -Nurse 						
	K.1 A	<ul style="list-style-type: none"> • explain why the body needs adequate sleep and rest-Nurse 						
	K.1 A	<ul style="list-style-type: none"> • tell why young children need more sleep than most adults-Nurse 						
	K.4 A	<ul style="list-style-type: none"> • explain the importance of good health habits involving the eyes and ears-Nurse 						
	K.4 A	<ul style="list-style-type: none"> • tell some ways to protect and care for eyes and ears-Nurse 						
K.7 A	<ul style="list-style-type: none"> • tell how weather affects individual health such as dressing for warmth, protecting skin from the sun, and keeping classrooms and homes warm and cool-Teacher 							

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2	K.7 B	<p>The student is expected to:</p> <ul style="list-style-type: none"> • identify ways to prevent the transmission of head lice such as sharing brushes and cap -Nurse 						
5	K.6 A K.6 D	<ul style="list-style-type: none"> • recognize that harmful germs can make people ill-Nurse 				-		
	K.6 C	<ul style="list-style-type: none"> • identify some ways to keep harmful germs from spreading-Nurse 						
	K.6 CD	<ul style="list-style-type: none"> • explain how keeping harmful germs from spreading helps others stay well-Nurse 						
	K.6 B	<ul style="list-style-type: none"> • recognize the cold as a common example of a communicable illness-Nurse 				-		
	K.6 A	<ul style="list-style-type: none"> • explain that harmful germs can spread and make other people ill-Nurse 						
	K.6 C	<ul style="list-style-type: none"> • identify some behaviors for staying healthy -Nurse 						
	K.5 A	<ul style="list-style-type: none"> • identify some health helpers-Nurse 						
	K.5 B	<ul style="list-style-type: none"> • explain the importance of getting regular check-ups-Nurse 						
1	K.4 B	<ul style="list-style-type: none"> • describe some ways in which they are growing-Teachers 				-		
	K.4 B	<ul style="list-style-type: none"> • recognize that learning is a way of growing -Teachers 						
	K.8 A	<ul style="list-style-type: none"> • recognize that all people have feelings -Counselor 				-		
	K.8 C	<ul style="list-style-type: none"> • name some common feelings-Counselor 						
	K.8 C	<ul style="list-style-type: none"> • explain why knowing about feelings is important to good health-Counselor 						
	K.8 A	<ul style="list-style-type: none"> • identify some ways that people are special -Teacher 				-		
	K.8 A	<ul style="list-style-type: none"> • recognize that each person is special - 						

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1	K.8 A K.9 B K.8 B K.8 A K.8B K.8 B K.2 F	<p>The student is expected to:</p> <ul style="list-style-type: none"> • explain how it feels to be special-Teacher • demonstrate skills for making new acquaintances-Teacher • recognize that being helpful is an aspect of getting along with others-Teacher • explain how members of a group can work together to get things done-Teacher • recognize that the health of a family is dependent on the contributions of each of its members-Teacher • discuss examples of respectful touches, respectful talk, and respectful actions -Counselor • understand that adults have the responsibility of helping children grow in healthful ways-Teacher 						
10	K.8 B K.8 B K.9A K.5 A K.5 A K.2 F K.4 B	<ul style="list-style-type: none"> • recognize that being responsible and respectful develops good feelings about oneself and others-Teacher • discuss that some adult behaviors toward children may be disrespectful-Counselor • understand that children have the right to say “No” when someone is being disrespectful to them-Counselor • identify some health workers-Teacher • identify some safety workers-Teacher <p>• Human Sexuality Refer to: Family Life Human Sexuality Curriculum Health Promotion Wave Materials</p>						