

Health Education Interdisciplinary Curriculum Framework

Grade 2

UNIT	TEKS	INSTRUCTIONAL OBJECTIVE	1st Six Weeks	2nd Six Weeks	3rd Six Weeks	4th Six Weeks	5th Six Weeks	6th Six Weeks	
8	2.2 B	<p>The student is expected to:</p> <ul style="list-style-type: none"> • define accident-Teacher • name some home and school safety rules • demonstrate how to carry certain objects safely-Teacher • recognize some causes of accidents at home- Nurse • define poison and identify some poisons -Nurse • explain when a medicine can be a poison -Nurse • explain how to cross the street safely -Teacher • identify safety rules when riding in cars and buses-Teacher • discuss proper behavior around strangers -Counselor • discuss ways to prevent fires-Teacher • define fire exit-Teacher • demonstrate the procedure for leaving a building in a fire drill or emergency -Teacher • discuss some bicycle safety rules -Physical Ed. • explain why it is important to follow safety rules when riding a bicycle -Physical Ed. • identify bicycle equipment-Physical Ed. • define emergency- Teacher • discuss proper procedures for handling emergencies-Teacher • define first aid-Nurse 							
	2.2 B								
	2.2 D								
	2.2 D								
	2.2 B								
	2.8 B								
	2.2 B								
	2.2 F								
	2.5 C								
	2.2 B								
	2.2 C								
	2.2 C								
	2.3 A								
	2.7 B								
	2.5 C								
3	2.1 C	<ul style="list-style-type: none"> • name the four basic food groups-Teacher • identify some foods in each food groups -Teacher • name “other” foods-Teacher 							
	2.1 C								
	2.1 D								

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3	2.1 CD 2.1 C 2.1 G 2.1 D 2.1 C 2.1 D 2.1 D 2.7 A 2.7 A 2.1 C	<p>The student is expected to:</p> <ul style="list-style-type: none"> • explain what makes a meal balanced -Teacher • explain why eating balanced meals is important-Teacher • identify foods that constitute a balanced breakfast, a balanced lunch, and a balanced dinner-Teacher • explain why eating a healthful breakfast is important-Teacher • explain what constitutes a healthful breakfast-Teacher • explain why foods that are high in sugar do not make a good breakfast-Teacher • explain what constitutes a healthful snack -Teacher • recognize that the purpose of advertising is to sell something-Teacher • recognize that ads can make foods that are not healthful seem very attractive-Teacher • recognize that reading package labels can help people make healthful food choices -Teacher 	-	-				
7	2.2 A 2.2 A 2.2 D 2.2 D 2.2 D 2.6 B	<ul style="list-style-type: none"> • explain what a drug is-Counselor • recognize that drugs can be helpful or harmful -Counselor • identify some products that contain drugs-Counselor • tell why the use of some drugs is controlled-Counselor • tell what a medicine is-Nurse • identify some benefits and limitations of medicine-Nurse • recognize that one way of learning about a medicine is to read its label-Nurse 		-				

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7	2.2 D	The student is expected to:							
		• explain why it is important to never take medicine without adult supervision- Nurse							
	2.2 A	• discuss some ways that drugs can affect the body- Counselor							
	2.2 D	• identify some ways medicines can be harmful- Counselor							
	2.2 A	• identify some illegal drugs, explain why they are illegal, and recognize their harmful effects- Counselor							
	2.2 D	• recognize that medicine may not always be needed to make a person feel better -Counselor							
	2.1 A	• discuss some alternatives to taking medicine- Counselor							
	2. 1A	• recognize that good health habits can help prevent the need to use medicines and other drugs- Counselor							
	6	2.2 A							• recognize that alcohol can be harmful to a person’s health- Counselor
	2.2 A	• explain how alcohol can be harmful to a person’s health- Counselor							
2.2 A	• discuss how certain laws try to protect people against the harmful effects of alcohol- Counselor								
2.2 D									
2.2 D	• recognize that smoking tobacco can be harmful to a person’s health- Counselor								
2.2 A	• explain how smoking tobacco can be harmful to a person’s health- Counselor								
2.2 A	• discuss how certain laws try to protect people from the harmful effects of smoking tobacco- Counselor								
2.2 D									

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6	2.2 A	The student is expected to:			-				
	2.2 A	• recognize that smokeless tobacco can be harmful to a person’s health- Counselor							
	2.2 A	• explain how smokeless tobacco can be harmful to a person’s’s health- Counselor							
	2.2 A	• discuss how certain laws try to protect people from the harmful effects of smokeless tobacco- Counselor							
	2.2 D	• recognize that alcohol and tobacco products are harmful to a person’s health							
	2.2 A	- Counselor							
	2.2A	• recognize that advertisers are trying to sell a product- Counselor							
	2.7A	• recognize that advertisers of alcohol and tobacco products try to make their products look as desirable as possible- Counselor							
	4	2.1 B							• identify various forms of exercise
		- Physical Ed.							
	2.1 E	• identify two body parts that help the body move- Physical Ed.							
	2.1 E	• explain how exercise makes the body work hard- Physical Ed.							
	2.1 E	• explain how exercise helps the heart, muscles, and lungs- Physical Ed.							
	2.1 B	• identify and demonstrate different types of exercise- Physical Ed.							
2.1 B	• identify the three parts of a good exercise program- Physical Ed.								
2.1 B	• identify stretching and cooling-down exercises- Physical Ed.								
2.3 B	• recognize good posture when it is demonstrated for them- Physical Ed.								
2.1 B	• identify exercises that help you attain or								
2.1 C	maintain good posture- Physical Ed.								

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2	2.1 B 2.1 B 2.3 B 2.1 B 2.4 B 2.2 B 2.4 D 2.3 A 2.1 A 2.1 B 2.1 B 2.1 B 2.3 A 2.1 B 2.3 A 2.3 A 2.3 B	The student is expected to: <ul style="list-style-type: none"> • name some personal cleanliness habits Nurse • explain why cleanliness is important for good health-Nurse • define primary teeth and permanent teeth • identify parts of a tooth-Nurse • explain why dental check-ups are important-Nurse • describe some ways to protect teeth from injury and keep them healthy-Nurse • explain the importance of sleep and rest • explain why young children need more sleep than adults-Teacher • identify some good sleep and rest habits -Teacher • explain the importance of practicing healthful habits involving the eyes and ears -Nurse • tell ways to protect and care for the eyes and ears-Nurse • tell ways that the senses of sight and hearing can help keep people safe-Nurse 				-		
5	2.4 A 2.4 A 2.4 D 2.4 A 2.4 A	<ul style="list-style-type: none"> • tell where germs can be found-Nurse • recognize that when some kinds of harmful germs get inside the body, they can cause disease-Nurse • identify some ways in which germs spread and some ways to keep germs from spreading-Nurse • explain what germs are and how they can cause certain illnesses-Nurse • recognize common examples of communicable illnesses-Nurse 				-		

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5	2.4 D	The student is expected to:						
	2.1 A	• name some symptoms of common illnesses						
	2.1 F	• explain the need to tell a grown up if they feel ill- Teacher						
	2.6 AB	• identify some behaviors for staying healthy - Nurse						
	2.1 F2.1G	• identify some health helpers- Nurse						
	2.1 F2.1G	• discuss some things that may happen during a check-up- Nurse						
	1	2.3 BC	• describe some ways people grow - Teacher					
		2.3 B	• recognize that everyone grows differently - Teacher					
		2.10 B	• recognize that learning is a way of growing- Teacher					
		2.10 B	• recognize that all people have feelings Teacher					
		2.10 B	• name some pleasant and some unpleasant feelings- Teacher					
		2.10 B	• recognize that everyone’s feelings change from time to time- Teacher					
		2.10 B	• explain how talking about bad feelings can help one feel better- Teacher					
		2.10 A	• recognize that everyone makes mistakes and that we can learn from our mistakes- Teacher					
	2.10 A	• identify some ways people are alike and some ways people are different- Teacher						

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10	2.10 A 2.9 A 2.10A 2.11 D	<p>The student is expected to:</p> <ul style="list-style-type: none"> • identify different ways that people show respect-Counselor • recognize examples of adult responsibilities toward children-Counselor • recognize how disrespect can be shown in a person’s touch, talk, and actions Counselor • understand that trust is a factor of respect Counselor • identify members of a support team Counselor 						
9	2.1 A 2.6 AB 2.8 A 2.11 D 2.2 F 2.2 F 2.5 A 2.5 B 2.5 B 2.5 B 2.5 B 2.5 B	<ul style="list-style-type: none"> • define community-Teacher • name some types of buildings, services, and places shared in a community Teacher • discuss why people in a community need rules to help keep them safe and healthy Teacher • identify several safety workers and tell how they help keep the people in a community safeTeacher • identify several health workers and tell how they help protect the health of the people in a community-Teacher • identify different kinds of pollution Teacher • tell some sources of pollution-Teacher • explain why it is important for people to help take care of the environmentTeacher • explain what makes up the environment Teacher • discuss why it is important to help take care of the environment-Teacher • identify some ways to keep the environment clean and healthful -Teacher 					-	

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	2.9 A	<p>The student is expected to:</p> <ul style="list-style-type: none"> • identify characteristics needed to be a responsible family member or friend-Teacher • list and demonstrate good listening skills -Teacher • demonstrate refusal skills-Teacher • describe how to effectively communicate -Teacher • explain the benefits of practicing self-control-Teacher • explain steps in the decision-making process and the important of following the steps-Teacher • describe how personal-health decisions affect self and others-Teacher • list the steps and describe the importance of task completion and goal setting-Teacher • Human Sexuality Refer to: Family Life Human Sexuality Curriculum 							
	2.9 B								
	2.9 C								
	2.10 A								
	2.10 C								
	2.11 A								
	2.11 B								
	2.11 C								
	2.2 F								
	2.3 BC								